Fair Haven's Oldest Business Establishment

#### **Grains & Healthy Choices**

**Dry Cereal** *Add seasonal fresh fruit for* \$1.25. **\$2.95 Hot Cereal** Oatmeal (rolled or steel cut) or cream of wheat served with milk and brown sugar. *Add raisins, craisins, or nuts* \$ 0.50 ea. **\$3.50** 

**Yogurt Parfait** Greek style yogurt, seasonal fresh fruit, topped w/granola. *Add nuts \$0.50.* \$4.75

**Toast (2) \$2.25 or Bagel \$2.75** 

Cream cheese or peanut butter \$0.50 ea.

**Homemade Muffin or Scone** Grilled and buttered. Several varieties - ask your server. \$2.75

**Fruit Smoothie.** Not from a mix. Available fresh and frozen fruits and bases (juice, milk or yogurt) blended to create yummy thick breakfast drink.

**Veggie Smoothie.** Antioxidant laden blend of kale and/or other veggies, fruits and bases make a healthy alternative to the traditional breakfast.

\$4.99

# Breakfast Sandwiches & Wraps Egg McLemon Breakfast Sandwich Egg, cheese

and meat choice on English muffin. \$4.50 **Breakfast Wrap** Choice of wrap with scrambled eggs & cheese. *Add veggies or meat \$.75 ea.* \$3.99 **Veggie Sunrise Sandwich** Huge grilled sandwich on choice of bread filled w/eggs, roasted red peppers, &

onions and topped w/cheese. \$5.50 **Meat Sunrise Sandwich** Huge grilled sandwich on choice of bread filled w/ eggs, cheese, & choice of meat. Add *onions or peppers \$.75 ea.* \$5.50

**Breakfast Burrito** Soft tortilla filled with scrambled eggs, Monterey Jack cheese, sausage, home fries, salsa and sour cream. \$5.99

Available Breads: Deli-style Sourdough, Marbled Rye, and Wheat; Cinnamon Texas Style; Raisin Bread; English Muffin; Biscuit; Flour Tortillas and Wraps

### **Eggs**

Served with toast; add home fries, grits or tomatoes \$1.25, add cheese \$.50. Substitute English muffin for toast \$.50

Fair Haven Senior Breakfast 1 egg. 2 bacon or

Fair Haven Senior Breakfast 1 egg, 2 bacon or tomato slices, 1 slice of toast \$3.50

Two Eggs and toast \$3.50

Two Eggs, Meat and Toast
Choice of bacon, sausage patty or ham \$5.50

Western Scramble and toast
2 scrambled eggs w/ ham, peppers, & onions
Two Eggs, Corned Beef Hash, & Toast \$6.25

#### **Omelettes**

Served with toast.

Add home fries, grits or tomatoes \$1.25

Create Your Own Omelette 3-egg omelet. *Add your cheeses, veggies, meats* \$.75 ea. \$4.50

**Greek Omelette** Feta cheese, spinach, tomatoes, onions, & black olives \$6.75

**Hardware Omelette** The works! Onions, black olives, roasted red peppers, mushrooms, cheese, and choice of meat folded into 3 egg omelet. \$7.50

### **Full Portion Side Orders**

Home fries or grits	\$2.00
Bacon, sausage or turkey sausage, ham	\$2.50
Corned beef hash	\$2.75
Extra egg	\$1.00

Dietary Concerns: We have Gluten-free bread products; non-fat, low-fat, and lactose-free milks; sugar-free syrups and sweeteners; and turkey sausage available



315-947-6700

**Since 1874** 

## **Sausage Gravy and Biscuits**

Sausage Gravy on 2 Homemade Biscuits	
Hard to pass up!	\$6.50
Half order	\$4.50
Sausage Gravy, 1 Biscuit, & 2 eggs	\$6.25
Add a sausage patty	\$7.50

#### Pancakes, Waffles, & French Toast

From locally milled flour. Served with powdered sugar, butter, and table syrup; add fresh fruit \$1.50, applesauce \$.75, locally made maple syrup \$1.00.

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Pancakes Short stack (2)	\$3.95
Full Stack (3)	\$4.95
French toast	\$5.50
Cinnamon Raisin French Toast	<b>\$5.99</b>
Texas French Toast Extra Thick!	\$6.50
Belgian Waffle	\$4.50
Combo: Waffle or 2 pancakes, with 1 egg	
and 1 sausage patty or 3 bacon slices	\$6.25
Waffle with two eggs, no meat	\$5.95

## The Egg Benedict Variations

\$6.75

Classic 2 poached eggs, grilled breakfast ham on English muffin w/Hollandaise sauce
Pilgrim substitutes grilled turkey for ham
Florentine substitutes grilled spinach for meat

Add \$1 for both spinach and meat, \$2 for everything

**Veggie Choices -** roasted red peppers, onions, green peppers, tomatoes, black olives, mushrooms, spinach, broccoli

Cheese Choices - American, Swiss, provolone, cheddar; Monterey Jack, mozzarella, feta, parmesan **Meat Choices**- bacon, sausage or turkey sausage patties, ham